

Eastern Gauteng Bowls Skills Assessment Form - 2010 /11

Name:	Age	BSA #	Club:	Contact #	Date:

Place the mat on the 2M mark & the jack @ 28 M from the mat. The bowler is allowed to warm up & select which hand to play first. The bowler has to deliver 20 bowls on each hand. Your assistant, or another bowler waiting to be assessed is to return the four bowls after each end, until all 20 bowls have been delivered. The position of each bowl should be marked (golf markers), measure normally, the the nearest part of the bowl to the jack. Upon completion of 20 bowls being delivered, measure the distance of each marker & enter these values on the chat below, showing the clock position of each bowl. The other hand can be played from the original position, or from the opposite end & thus on the same side of the green. Trials are allowed. Repeat the assessment procedure.

Distance in cm.

Forehand		Backhand	
Clock	cm	Clock	cm
		1	
		2	
		3	
		4	
		5	
		6	
		7	
		8	
		9	
		10	
		11	
		12	
		13	
		14	
		15	
		16	
		17	
		18	
		19	
		20	

Assessment Values				
Forehand				
Average	Effective % Value	Short %	Level %	Thru %
Backhand				
Average	Effective % Value	Short %	Level %	Thru %

To calculate the average distance, divide the totals by 20

To calculate the Effective performance level %, multiply the number of bowls that are 500mm or less from the jack by 5.

To calculate the Short %, Level % & the Thru %, multiply the number of bowls that are short, level or thru the head by 5.

Mat

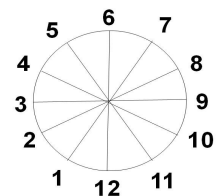
Total _____

Name of club where assessment took place: _____

Condition & speed of green: _____

Weather conditions: _____

Name of Assessor: _____



Signature: _____ Player Signature: _____

NB: Assessments must be done by a registered coach or a District Player.
Please submit forms on a monthly basis to to Brian Sayce Fax 0865722884 or E_Mail sayso@gam.co.za for updating of the data base.